

Тема занятия: «Выдающиеся спортсмены Луганщины»

Цели занятия: повторить лексический материал по теме «Здоровье. Здоровый образ жизни»; совершенствовать навыки чтения и перевода художественного текста; систематизировать знания, выполнив задания по теме занятия.

Уважаемые студенты! Ознакомьтесь с материалами практического занятия на тему «Выдающиеся спортсмены Луганщины». Конспект занятия выполняйте **в рабочей тетради письменно, обязательно указывая дату занятия, тему занятия, номер упражнения.** Ответы предоставить преподавателю на проверку **до 27. 03. 2023 г.** в электронном виде (**фотоотчёт**) на e-mail mikagol2605@mail.ru. Телефон преподавателя для консультации и возникающих вопросов: 072-14-15-816.

С уважением, Голодюк Марина Викторовна.

1. **Запишите** в словарь новую лексику. Выучите новую лексику.
2. Прочитайте и **устно** переведите текст «Victor and Olga Bryzgin - famous athletes of the Luhansk region».
3. Переведите **письменно** предложения на русский язык.
4. Творческое задание. Подготовьте презентацию о выдающемся спортсмене Луганщины.

Victor and Olga Bryzgin - famous athletes of the Luhansk region

Vocabulary

unique – уникальный

athletics – легкая атлетика

worldwide fame – всемирная слава

coach – тренер

persistent incessant training – упорные непрекращающиеся тренировки

sprinting – спринт

The family of Viktor and Olga Bryzgin is a unique family, the only one in the world, in which there are three professional athletes of the Olympic level. Only in this family, three of them have six gold medals brought from the most prestigious competitions on the planet.

Viktor Bryzgin was born in Voroshilovgrad in 1962. When Victor began to show enviable results in physical education, especially in athletics, the teachers recommended that his parents send their son to a sports boarding school. At the family council, they decided to follow the advice. It was in the boarding school that he turned into a professional athlete and met his future wife Olga.



In 1986, the athlete becomes the European champion. In 1987, at the next World Championship, Bryzgin received silver. Well, the next year and the Olympics-88 brought the athlete worldwide fame.

Olga Bryzgina was born in Russia, in the city of Krasnokamsk, Perm Region. There she began to take her first steps in the sport. At one of the competitions, Olga was noticed by the coach of the Voroshilovgrad sports boarding school and invited to study in his city.

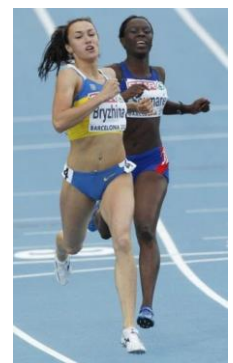


Persistent incessant training soon bore results - in 1983, Olga became the champion of the USSR. The talented runner wins the Druzhba-84 tournament and also wins the 1985 European Cup as part of the USSR national team. Olga's triumph came at the 1987 World Championships, where she became the world champion. At the 1992 Games in Barcelona, she won her third Olympic gold and a silver medal.

Now Olga Bryzgina and her husband live in Lugansk. She is still fully engaged in sports, but now in coaching and administrative positions.

The eldest daughter of the Bryzgins, Elizaveta, followed in the footsteps of her parents and made her considerable contribution to the family piggy bank of awards - the medal of the European champion in 2008 and 2010, the Olympic medal of 2012. Like her parents, Lisa specializes in sprinting.

Lugansk is proud that the family of such world famous athletes continues to live and work in our city. And the champions themselves in each of their interviews certainly talk about their love for their hometown.



Переведите письменно предложения на русский язык.

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